



How does it help one to detox?

When the machine is switched on and the feet are immersed in the water, the energiser emits a positive and negative Bio-Energetic current which travels through the body, rebalancing it. The ionic exchange that takes place between your body and the footbath has a stimulating and balancing effect on the bio-energetic fields of the body. A less healthy body has a more positive charge, whilst a healthy body is negatively charged.

The Detox System balances your body to have a more negative charge. The result is that your body can detox safely and at its own pace, by mobilizing residues and wastes stored within the body.

This detoxification happens mainly after treatment and is likely to take place via the organs of detoxification i.e. the kidneys, liver and skin. Many people are often convinced that the system 'pulls' toxins from the body, however, this is not the case, the system stimulates and rebalances the body, therefore enabling it to eliminate toxins much more efficiently both during and after the treatment.

Why does the water change color?

During the treatment, you will notice a change in the color of the water in which your feet are immersed. This color change is in part due to the chemical reaction of the electrolytic process and not wholly toxic residue. This has been a popular misconception with other systems, and O2B Healthy wishes to clarify this often-misunderstood fact to all potential purchasers. There are many reasons why the water changes color when the energiser is activated this creates an electrolytic flow within the water, substances that are present in the water such as salt, chlorine, magnesium, copper, detergents will influence color change. Also, anything present on the skin such as bacteria, dead skin cells, and fungal infections will also influence the color change. That is why the color change can vary from person to person and from treatment to treatment

Why should I use the Detox Footbath System?

The Mary Detox Footbath System is a fast, effective and non-invasive way of stimulating and balancing the bio-energetic fields of the body, facilitating better organ function and auto-detoxification. It is strongly recommended that you follow a regular and continuous Detox stimulation and detoxification program.

How are toxins eliminated?

By working energetically, the Detox Footbath System stimulates different tissues, organs, and systems so that they can carry out their natural detoxifying process better. The electrolysis phenomena in the footbath will release substances that migrate towards the electrodes. The effect of the electromagnetic field created within the solution is to stimulate your body to bio-energetically rebalance. The result, better tissue, organ and system functions and improved circulation.

How many treatments do you recommend?

We recommend 5 - 10 treatments over 5-10 weeks, we then recommend a monthly session to keep the body balanced.

Can children use it?

Yes, we recommend that children between 8-16 years have 10-minute sessions and the system should always be operated by an adult.

Is it safe for people with diabetes to use?

There are a few Contra-indications involved in the use of the Detox Footbath System.

Below is a list of these and if you suffer from any one of the following, then you should NOT use the Detox Foot bath.

- Epilepsy
- Organ Transplant
- Pregnancy/Suspected Pregnancy
- Suffer from Seizures
- Hemophiliacs
- Open Wounds on Feet
- Persons fitted with a Pacemaker